

## POST GI PROCEDURE INSTRUCTIONS (PRE-SEDATION)

- 1) It is not unusual to experience a sore throat temporarily (EGD) or a gaseous feeling after the procedure (colonoscopy).
- 2) Continue to rest at home for the completion of the day. Do not return to work until tomorrow, unless otherwise instructed by your physician.
- 3) No driving today (**NO EXCEPTIONS**), or other activities that may be affected by your altered perception due to the medication you received at the time of your procedure. You must have a driver present in the facility before you will be discharged.
- 4) No alcoholic beverages, narcotics or tranquilizers for twenty-four (24) hours unless you have checked with your physician.
- 5) You may experience some soreness or redness at the site of the needle in your arm (IV). Should these symptoms persist or spread, contact your physician.
- 6) Symptoms to watch for and report to your physician:
  - a. Severe abdominal pain or bloating
  - b. Chills or fever occurring within twenty-four (24) hours after the procedure
  - c. Pain in your chest
  - d. Severe abdominal pain, persistent bloating, nausea or vomiting
  - e. A large amount of rectal bleeding following a colonoscopy. A small amount of blood from the rectum is not serious, especially if hemorrhoids are present.
- 7) EGD, colonoscopy - Usually, there are no restrictions on the diet after these procedures unless specified by your own physician. In general, do not start eating or drinking until fully alert.

I, the undersigned, have read and understand the above instructions, before receiving any sedation.

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Patient Signature

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Date